



## THE MASSACHUSETTS SOCIETY OF PERIANESTHESIA NURSES

### ***Herbal Supplements and Anesthesia: The Perianesthesia Nurse's Role in Surgical Preparation***

ZOOM Presentation  
Wednesday, February 4, 2026  
7:15 p.m. – 8:30 p.m.

- This activity has been submitted to the American Association of Critical-Care Nurses for approval to award contact hours. The American Association of Critical-Care Nurses is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.
- **Learning Outcome:** PeriAnesthesia nurses will increase their knowledge of common herbal supplements, potential side effects, surgical risks and preoperative education needed to provide safe care of patients receiving anesthesia.

7:00 – 7:10p	<b>Zoom Log in</b>
7:10 – 7:15p	<b>Welcome</b>  <i>Suzanne Russell, BSN, RN, CAPA</i> <i>MASPAN President</i>
7:15 -8:15p	<b>Speaker</b>  <i>Ursula Mellinger, BSN, RN, CPAN, CAPA</i> <i>ASPAN President 2025 - 2026</i>
8:15 – 8:30p	<b>Summation &amp; Evaluation</b>  <i>Kathryn McCarraher, MHA, BSN, RN, CPAN</i> <i>MASPAN Director of Education</i>



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## REGISTRATION INFORMATION

On-line registration ONLY at [www.maspan.org](http://www.maspan.org) using AffiniPay

Registration Deadline: Sunday, February 1, 2026

### Fee Schedule

ASPAN/MASpan Members*.....	\$ Free
Non-Members.....	\$ 25.00
Students**.....	\$ Free
Wisdom Differential (Retired).....	\$ Free

**ZOOM LINK WILL BE SENT OUT on Monday, February 2, 2026**

Save your registration receipt (automatically generated and from your payment record). MASpan will not reissue receipts.

- \* Current ASPAN membership is required for the reduced member rate and will be confirmed
- \*\* Unlicensed students only; no contact hour certificate will be awarded

Refunds requested by non-members prior to Sunday, February 1, 2026 will be subject to the \$3.50 processing fee. No refunds on/or after Sunday, February 1, 2026

**Registration required by Sunday, February 1st, 2026**  
[www.maspan.org](http://www.maspan.org)